




# Food Resources

## East Boston

**Food Pantries: FREE** bags of groceries for people in need.

<p><b>Crossroads Family Shelter</b> 56 Havre St., East Boston <b>617-567-5926 ext. 15</b> <u>When?</u> Wednesdays, 3:00pm – 4:00pm <u>What to bring?</u> - Photo ID (passport, school ID, etc.) - Proof of East Boston residency (mail, utility bill, etc.)</p>	<p><b>Grace Federated Church</b> 760 Saratoga St., East Boston <b>617-569-5358</b> <u>When?</u> 1<sup>st</sup> and 2<sup>nd</sup> Saturday of the month 10:00am – 12:00pm <u>What to bring?</u> - Photo ID (passport, school ID, etc.) - Proof of East Boston residency (mail, utility bill)</p>	
<p><b>ABCD/ East Boston APAC</b> 21 Meridian Street <b>617-567-8857</b> <u>What?</u> Grocery bag for <b>SENIORS 65+</b> <u>When?</u> 2<sup>nd</sup> WED of Month (by appointment only) <u>What to bring?</u> Income Requirement and ID <b>*POP UP food pantry every 3<sup>rd</sup> Friday in Liberty Plaza from 1-2:30 (no requirements)</b></p>	<p><b>BCYF Paris St.</b> 112 Paris Street <b>617-635-5125</b> <u>What?</u> Grocery bags <u>When?</u> Tuesday and Fridays –after 12:00 pm</p>	<p><b>Outreach Van Project</b> Central Square Park, 197 Border St. <b>617-358-7476</b> <u>What?</u> food, toiletries, and clothes <u>When?</u> Thursdays, 7:00 – 8:00pm</p>
<p><b>NeighborHealth - Community Resource &amp; Wellness Center</b> 282 Meridian Street <b>617-568-4845</b> <u>When?</u> Thursdays, 1:30-5:30pm <i>*Occasional changes possible.</i> <u>What to bring?</u> Proof of address (required once a year) <b>Call to Schedule an Appointment</b></p>	<p><b>Faro de Luz Church</b> 332 Bremen St <u>What?</u> Grocery bag <u>When?</u> Tuesday at 10:30am</p>	<p><b>East Boston High School</b> 86 White St., East Boston Call to schedule pick-up <b>857-293-9320</b> <i>*student families only</i></p>
<p><b>East Boston Community Soup Kitchen</b> 28 Paris St., East Boston <u>When?</u> Mondays, check-in at 12pm (Food bags) Tuesdays, 8:00am-11am (Meal)</p>	<p><b>Central Community Church</b> 50 Bennington St. <u>When?</u> Mondays, 1:00pm <u>What to bring?</u> No proof necessary</p>	<p><b>Eastie Farm</b> 294 Sumner St <u>When?</u> Wednesday, 11:00am-12:00pm <u>What to bring?</u> No proof necessary</p>

### Low-Cost Food:

<p><b>Fresh Truck- SNAP/HIP</b> Maverick Square <u>What?</u> Low cost fruits and veggies <u>When?</u> Mondays 3-5:00pm</p>	<p><b>EB Farmers Market – SNAP/HIP</b> 617-568-4783 EB Farmers Market: Wednesdays, 3:00pm-6:30 PM, 200 Border St (Central Square Park) <u>Online orders/By phone:</u> Monday and Tuesday (scan QR code or call) Pick-Up Orders at 250 Sumner Street: Thursdays from 2-6pm</p> 		
<p><b>Maverick Landing Community Services Fair Foods Sites</b> <u>What?</u> Bags of mixed vegetables (\$2.00 suggested donation)</p> <table border="1" style="width: 100%;"> <tr> <td data-bbox="94 1894 824 1961"> <p><b>Maverick Landing Community Services</b> 31 Liverpool St. Wednesday, 2:00-3:00pm</p> </td> <td data-bbox="829 1894 1549 1961"> <p><b>Harborside- Frozen meals and produce bags</b> 312 Border Street, Wednesday, 4:30-5:30 pm</p> </td> </tr> </table>		<p><b>Maverick Landing Community Services</b> 31 Liverpool St. Wednesday, 2:00-3:00pm</p>	<p><b>Harborside- Frozen meals and produce bags</b> 312 Border Street, Wednesday, 4:30-5:30 pm</p>
<p><b>Maverick Landing Community Services</b> 31 Liverpool St. Wednesday, 2:00-3:00pm</p>	<p><b>Harborside- Frozen meals and produce bags</b> 312 Border Street, Wednesday, 4:30-5:30 pm</p>		

For more food resources, call the Project Bread hotline at 1-800-645-8333.

Updated 8/2024




# Recursos de comida East Boston

**Despensas de comida:** Bolsas de alimentos **GRATIS** para personas en necesidad.

<p style="text-align: center;"><b>Crossroads Family Shelter</b> 56 Havre St., East Boston <b>(617) 567-5926 ext. 15</b></p> <p><u>¿Cuándo?</u> Miércoles, 3:00pm – 4:00pm <u>¿Qué necesito llevar?</u></p> <ul style="list-style-type: none"> <li>- Identificación (pasaporte, ID con foto, etc.)</li> <li>- Prueba de dirección de East Boston</li> </ul>	<p style="text-align: center;"><b>Grace Federated Church</b> 760 Saratoga St., East Boston <b>(617) 569-5358</b></p> <p><u>¿Cuándo?</u> 1er y 2do sábado del mes, 10am-12:00pm <u>¿Qué necesito llevar?</u></p> <ul style="list-style-type: none"> <li>- Identificación (pasaporte, ID con foto, etc.)</li> <li>- Prueba de dirección de East Boston</li> </ul>	
<p style="text-align: center;"><b>ABCD/ East Boston APAC</b> 21 Meridian Street <b>(617) 567-8857</b></p> <p><u>¿Qué?</u> Bolsa de alimentos para <b>SEÑORES DE 65+</b> <u>¿Cuándo?</u> 2do miércoles del mes. (Requerido programar cita en persona) <u>¿Requisitos?</u> Prueba de ingresos e identificación <i>*Distribución de alimentos cada 3er Viernes del mes en Plaza Libertad de 1pm-2:30pm</i></p>	<p style="text-align: center;"><b>BCYF Paris St.</b> 112 Paris Street <b>(617) 635-5125</b></p> <p><u>¿Qué?</u> Bolsa de alimentos <u>¿Cuándo?</u> Martes y viernes –después de las 12:00 pm <u>¿Requisitos?</u> Ninguno</p>	<p style="text-align: center;"><b>Outreach Van Project</b> Central Square Park, 197 Border St., East Boston <b>(617) 358-7476</b></p> <p><u>¿Qué?</u> Alimentos, ropa, artículos de limpieza <u>¿Cuándo?</u> Jueves, 7:00 – 8:00pm</p>
<p style="text-align: center;"><b>NeighborHealth - Centro de Bienestar y Recursos Comunitarios</b> 282 Meridian Street <b>(617) 568-4845</b></p> <p><u>¿Cuándo?</u> Jueves, 1:30-5:30pm <i>*Cambios ocasionales</i> <u>¿Qué necesito llevar?</u> Comprobante de dirección (únicamente se presenta una vez) <b>Llame para programar una cita</b></p>	<p style="text-align: center;"><b>Faro de Luz Church</b> 332 Bremen St <u>¿Qué?</u> Bolsa de alimentos <u>¿Cuándo?</u> Martes 10:30am</p>	<p style="text-align: center;"><b>East Boston High School</b> 86 White St. <b>857-293-9320</b></p> <p><i>*únicamente para familia de estudiantes. Llamar para programar cita.</i></p>
<p style="text-align: center;"><b>East Boston Community Soup Kitchen</b> 28 Paris St., East Boston <u>¿Cuándo?</u> Lunes, 12pm - boleto para alimentos Martes, 8:00am-11am (Almuerzo)</p>	<p style="text-align: center;"><b>Central Community Church</b> 50 Bennington St <u>¿Cuándo?</u> Lunes, 1:00pm <u>¿Requisitos?</u> Ninguno</p>	<p style="text-align: center;"><b>Eastie Farm</b> 294 Sumner St <u>¿Cuándo?</u> Miércoles 11am-12pm <u>¿Requisitos?</u> Ninguno</p>

### Alimentos de bajo costo:

<p style="text-align: center;"><b>Fresh Truck- SNAP/HIP</b> Maverick Square <u>¿Qué?</u> Frutas y verduras <u>¿Cuándo?</u> Lunes 3-5:00pm</p>	<p style="text-align: center;"><b>EB Farmers Market - SNAP/HIP</b> 617-568-4783</p> <p>Mercado de Agricultores: Miércoles, 3:00pm-6:30 PM, 200 Border St (Central Square Park) <u>Ordenes en línea (escanear código QR) o por llamada:</u> Lunes y Martes. Recoger ordenes en 250 Sumner Street, East Boston Jueves de 2pm-6pm</p> <div style="text-align: right;">  </div>		
<p style="text-align: center;"><b>Maverick Landing Community Services Fair Foods Sites</b> <u>¿Qué?</u> Bolsa de vegetales (se sugiere una donación de \$2.00)</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none; padding: 5px;"> <p><b>Maverick Landing Community Services</b> 31 Liverpool St. Miércoles, 2:00-3:00pm</p> </td> <td style="width: 50%; border: none; padding: 5px;"> <p><b>Harborside- Bolsa de alimentos, frutas/verduras</b> 312 Border Street, Miércoles, 4:30pm-5:30 pm</p> </td> </tr> </table>		<p><b>Maverick Landing Community Services</b> 31 Liverpool St. Miércoles, 2:00-3:00pm</p>	<p><b>Harborside- Bolsa de alimentos, frutas/verduras</b> 312 Border Street, Miércoles, 4:30pm-5:30 pm</p>
<p><b>Maverick Landing Community Services</b> 31 Liverpool St. Miércoles, 2:00-3:00pm</p>	<p><b>Harborside- Bolsa de alimentos, frutas/verduras</b> 312 Border Street, Miércoles, 4:30pm-5:30 pm</p>		

Para más recursos de comida, llame a la línea directa de Project Bread al 1-800-645-8333.

Actualizado 8/2024



# Recursos Alimentares

## East Boston

**Despesas de alimentos:** Sacos de alimentos GRATUITOS para pessoas necessitadas.

<p><b>Crossroads Family Shelter</b> 56 Havre St., East Boston <b>(617) 567-5926 ext. 15</b> <u>Quando?</u> Quartas-feiras, 15:00hrs – 16:00hrs <u>O que preciso levar?</u> - Identificação (pasaporte, ID com foto, etc.) - Comprovante de residência no East Boston</p>	<p><b>Grace Federated Church</b> 760 Saratoga St., East Boston <b>(617) 569-5358</b> <u>Quando?</u> 1º e 2º sabado do mes, 10hrs-12:00hrs <u>O que preciso levar?</u> - Identificação (passaporte, ID com foto, etc.) - Comprovante de residência no East Boston</p>	
<p><b>ABCD/ East Boston APAC</b> 21 Meridian Street <b>(617) 567-8857</b> <u>Que?</u> Saco de Alimentos para <b>ADULTOS MAIORES DE 65+ ANOS</b> <u>Quando?</u> 2da quarta-feira do mês. (É necessário agendamento presencial) <u>Requisitos?</u> Comprovante de Renda e ID  <i>*Distribuição de alimentos toda 3ª sexta-feira do mês na Praça Libertad das 13h às 14h30</i></p>	<p><b>BCYF Paris St.</b> 112 Paris Street <b>(617) 635-5125</b> <u>Que?</u> Saco de Alimentos <u>Quando?</u> Terças e Sextas – depois das 12:00 <u>Requisitos?</u> Nenhum</p>	<p><b>Outreach Van Project</b> Central Square Park, 197 Border St., East Boston <b>(617) 358-7476</b> <u>Que?</u> Alimentos, roupa, materiais de limpeza <u>Quando?</u> Quinta-feira, 19:00 – 20:00</p>
<p><b>NeighborHealth - Centro de Bienestar y Recursos Comunitarios</b> 282 Meridian Street <b>(617) 568-4845</b> <u>Quando?</u> Quinta-feira, 13h30-17h30 <i>*Alterações ocasionais</i> Comprovante de endereço (precisa trazer uma única vez) <b>Ligue para fazer um agendamento</b></p>	<p><b>Faro de Luz Church</b> 332 Bremen St <u>Que?</u> Saco de Alimentos <u>Quando?</u> Terça-feira 10:30</p>	<p><b>East Boston High School</b> 86 White St. <b>857-293-9320</b> <i>*Somente para famílias de alunos. Ligue para fazer um agendamento</i></p>
<p><b>East Boston Community Soup Kitchen</b> 28 Paris St., East Boston <u>Quando?</u> Segundas-feiras, 12h - ticket alimentação Terças-feiras, 8h00-11h (Almoço)</p>	<p><b>Central Community Church</b> 50 Bennington St. <u>Quando?</u> Segundas-feiras, 13:00 <u>Requisitos?</u> Nenhum</p>	<p><b>Eastie Farm</b> 294 Sumner St <u>Quando?</u> Quarta-feira, 11:00-12:00 <u>Requisitos?</u> Nenhum</p>

### Alimentos de baixo custo:

<p><b>Fresh Truck- SNAP/HIP</b> Maverick Square <u>Que?</u> Frutas e hortaliças <u>Quando?</u> Segundas-feiras 15h-17h</p>	<p><b>EB Farmers Market – SNAP/HIP</b> 617-568-4783 Mercado de Agricultores: Quartas-feiras, 3:00pm-6:30 PM, 200 Border St (Central Square Park) <u>Encomendas online/Por telefone:</u> Segunda e terça-feira (digitalizar código QR ou chamada) <u>Para retirar pedidos na 250 Sumner Street:</u> Quintas-feiras das 14h às 18h</p> 		
<p><b>Maverick Landing Community Services Fair Foods Sites</b> <u>Que?</u> Saco de hortaliças por R\$ 2,00!</p> <table border="1" style="width: 100%;"> <tr> <td data-bbox="69 1879 768 1942"> <p><b>Maverick Landing Community Services</b> 31 Liverpool St. Quartas-feiras, 14:00-15:00</p> </td> <td data-bbox="768 1879 1560 1942"> <p><b>Harborside- Saco de Alimentos, Frutas/ Hortaliças</b> 312 Border Street, Quartas-feiras, 16h30-17h30</p> </td> </tr> </table>		<p><b>Maverick Landing Community Services</b> 31 Liverpool St. Quartas-feiras, 14:00-15:00</p>	<p><b>Harborside- Saco de Alimentos, Frutas/ Hortaliças</b> 312 Border Street, Quartas-feiras, 16h30-17h30</p>
<p><b>Maverick Landing Community Services</b> 31 Liverpool St. Quartas-feiras, 14:00-15:00</p>	<p><b>Harborside- Saco de Alimentos, Frutas/ Hortaliças</b> 312 Border Street, Quartas-feiras, 16h30-17h30</p>		

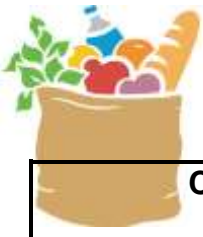
Para mais recursos alimenticios, Ligue a linha direta do Project Bread ao 1-800-645-8333.

Atualizado 8/2024

## الموارد الغذائية:

### East Boston

مخازن الطعام: أكياس بقالة مجانية للأشخاص المحتاجين



<b>Crossroads Family Shelter</b> 56 Havre St., East Boston 617-567-5926 ext. 15 <u>متى؟ الأربعاء، 3:00 مساءً - 4:00 مساءً</u> <u>ماذا أحضر؟</u> 1. بطاقة هوية تحمل صورة (جواز سفر، بطاقة هوية مدرسية، إلخ). إثبات الإقامة في شرق بوسطن (البريد، فاتورة المرافق، إلخ).	<b>Grace Federated Church</b> 760 Saratoga St., East Boston 617-569-5358 <u>متى؟ السبت 1 و 2 من الشهر 10:00 صباحا - 12:00 ظهرا</u> <u>ماذا أحضر؟</u> • بطاقة هوية تحمل صورة (جواز سفر، بطاقة هوية مدرسية، إلخ). إثبات الإقامة في شرق بوسطن (البريد، فاتورة المرافق)	
<b>ABCD/ East Boston APAC</b> 21 Meridian Street 617-567-8857 <u>ماذا؟ حقيبة بقالة لكبار السن +65</u> <u>متى؟ الأربعاء 2 من الشهر (عن طريق التعيين فقط)</u> <u>ماذا أحضر؟ متطلبات الدخل والهوية</u> * <u>مخزن طعام POP UP كل يوم جمعة ثالث في ليبرتي بلازا من 2-1 (بدون متطلبات)</u>	<b>BCYF Paris St.</b> 112 Paris Street 617-635-5125 <u>ماذا؟ أكياس البقالة</u> <u>متى؟ الثلاثاء والجمعة - بعد الساعة 12:00 ظهرا</u>	<b>Outreach Van Project</b> Central Square Park, 197 Border St. 617-358-7476 <u>ماذا؟ الطعام وأدوات النظافة</u> <u>7pm-8pm والملايس</u> <u>متى؟ الخميس، مساء</u>
<b>NeighborHealth - Community Resource &amp; Wellness Center</b> 282 Meridian Street 617-568-4845 <u>متى؟ الخميس، 1:30 - 5:30 مساءً</u> <u>ماذا أحضر؟ إثبات العنوان (مطلوب مرة واحدة)</u>	<b>Faro de Luz Church</b> 332 Bremen St <u>ماذا؟ حقيبة البقالة</u> <u>متى؟ الثلاثاء الساعة 10:30 صباحا</u>	<b>East Boston High School</b> 86 White St., East Boston اتصل لتحديد موعد الاستلام 9320-293-857 <u>*عائلات الطلاب فقط</u>
<b>East Boston Community Soup Kitchen</b> 28 Paris St., East Boston <u>متى؟ أيام الاثنين، تسجيل الوصول الساعة 12 ظهرا (أكياس الطعام)</u> <u>الثلاثاء، 8:00 صباحا - 11 صباحا (وجبة)</u>	<b>Central Community Church</b> 50 Bennington St., East Boston <u>متى؟ الإثنين، 1:00 ظهرا</u> <u>ماذا أحضر؟ لا يوجد دليل ضروري</u>	

### طعام منخفض التكلفة

<b>Fresh Truck-SNAP/HIP</b> <b>Maverick Square</b> <u>ماذا؟ فواكه وخضروات منخفضة التكلفة</u> <u>متى؟ الإثنين 3-5:00 مساءً</u>	<b>EB Farmers Market – SNAP/HIP</b> 617-568-4783 الحدود شارع 200، مساء 6:30 - مساء 3:00، الأربعاء: المزارعين سوق والثلاثاء الاثنين: الهاتف عبر / الإنترنت عبر الطلبات (بارك سكوير سنترال) شارع 250 في الاستلام طلبات (الاتصال أو السريعة الاستجابة رمز مسج) مساء 6-2 من الخميس: سومنر
<b>Maverick Landing Community Services Fair Foods Sites</b> <u>ماذا؟ أكياس من الخضروات المشكلة مقابل 2.00 دولار</u>	
<b>Maverick Landing Community Services</b> 31 Liverpool St. Wednesday, 2:00-3:00pm	<b>Harborside-</b> الوجبات المجمدة وأكياس المنتجات 312 Border Street, Wednesday, 4:30-5:30 pm

For more food resources, call the Project Bread hotline at 1-800-645-8333.

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